

Diabetes Sisters

2019 YEAR IN REVIEW



Served on Department of Defense Congressional Medical Research program panels * Presented two AADE educational sessions * Shared community insights at two Food & Drug Administration Medication Hearings * Contributed to Diabetes Self-Management Education & Support Standards Guidelines

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Minority Initiative Program expanded to two new locations and provided education to over 500 Hispanic, South Asian and African American women in English & Spanish

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Launched Hermes-recognized *Between the Lines* digital page with over two dozen personal stories highlighted

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Continued to release educational materials, totaling over 33 downloadable resources in English & Spanish

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Expanded National Strategic Partnership Program * Grew individual & corporate giving programs * Board of Directors welcomed two new Directors



OUR REACH



550,000 Website Visitors



10,670 Facebook Followers



5,800 Twitter Followers



1,650 Instagram Followers

PODS Meetup

Part of DiabetesSisters (PODS) Signature program

*** Peer support & education groups led by women living with diabetes**



3,100+ hours dedicated to leadership, facilitation, & peer support

*** 450 meetings**

*** 55 volunteer leaders**

*** 43 locations * 18 states**

*** 1 virtual meetup**

*** 2,000+ women living with diabetes participated**



5th annual Leadership Institute

*** 25 volunteer Leaders in attendance**

*** 14 states represented**



Representing the Patient Voice at numerous international & national diabetes events

For more highlights of PODS Leaders & members, follow #DSistersInAction on social media!

11 YEARS improving the health and quality of life of women with diabetes, offering support and education, and advocating on their behalf



www.diabetessisters.org

