



## HIGHLIGHTS



KEYNOTE ADDRESS AT AADE ANNUAL MEETING \* INVITED SPEAKERS AND PANELISTS AT NATIONAL & INTERNATIONAL CONFERENCES & SUMMITS \* STATEHOUSE VISITS \* FEATURED IN TIME HEALTH, DIABETES HEALTH AND DIABETIC LIVING MAGAZINES



GREW INDIVIDUAL AND CORPORATE GIVING PROGRAMS \* WELCOMED 2 NEW DIRECTORS TO GOVERNANCE BOARD \* LAUNCHED NATIONAL STRATEGIC PARTNER MEMBERSHIP PROGRAM \* THREE FULL-TIME STAFF MEMBERS



COLLABORATION WITH WOMENHEART AND THE NATIONAL KIDNEY FOUNDATION TO PRESENT FACEBOOK LIVE SERIES ON DIABETES, CARDIOVASCULAR DISEASE, AND KIDNEY DISEASE WITH OVER 4.8K REACHED



INTRODUCED EDUCATIONAL MATERIALS ON KIDNEY HEALTH, LANGUAGE & STIGMA, AND TRIGLYCERIDE HEALTH \* ADVOCACY TOOLKIT AND MyMEDICATIONS WALLET CARD \* ACCESS AHEAD GUIDES FOR PATIENTS AND HCP'S \* CIRCULATED 62 SISTERTALK BLOG POSTS AND 20 ARTICLES FROM DIABETES EXPERTS \* HOSTED 4 LIFE CLASS WEBINARS



IN-PERSON EVENTS HELD FOR HISPANIC, AFRICAN AMERICAN & SOUTH ASIAN WOMEN, WITH FOCUS ON HEART AND KIDNEY HEALTH, PHYSICAL ACTIVITY, AND HEALTHY EATING \* SPANISH PROGRAMMING AND MATERIALS



ONLINE ACCOLADES INCLUDE HEALTHLINE BEST DIABETES BLOGS, EVERYDAY HEALTH 10 BEST TYPE 2 DIABETES BLOGS, MYTHERAPY TOP 10 TYPE 2 DIABETES BLOGS

## OUR REACH



500,000 Website Visitors



9,200 Facebook Followers



5,200 Twitter Followers



910 Instagram Followers

## PODS Meetup

Signature program led by women living with diabetes, focuses on providing education and peer support

- 2,500+ Volunteer hours \* 1,800+ Women with diabetes served \* 420 Meetups held
- \* 51 Dedicated Leaders \* 37 Locations \* 19 States \* 1 Virtual Group
- \* 5 Brandy Barnes Leadership Scholarships awarded \* 1 Leadership Institute

For highlights of PODS Leaders and members, follow #DSistersInAction on social media!



**11 YEARS** improving the health and quality of life of women with diabetes, offering support and education, and advocating on their behalf.

