

Why Time in Range Matters?

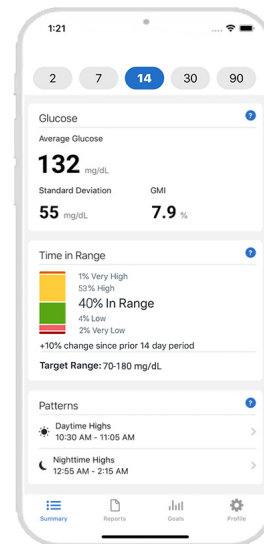


WHAT IS TIME IN RANGE (TIR)?

Time in Range or TIR is the percentage of time glucose levels are in target range. For most people with diabetes the target range is between 70 and 180 mg/dL.†

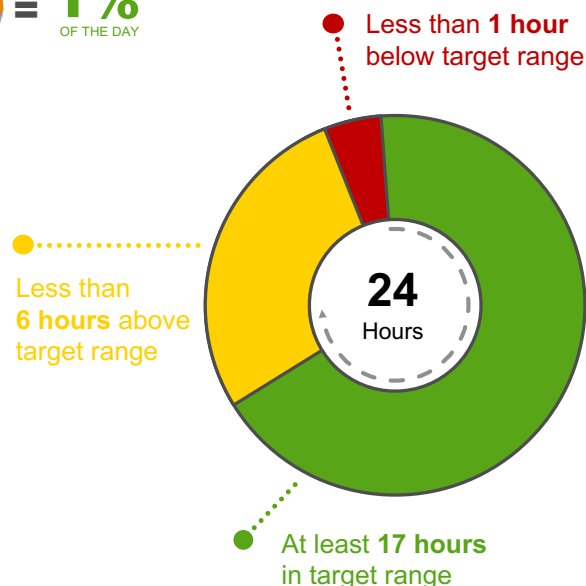
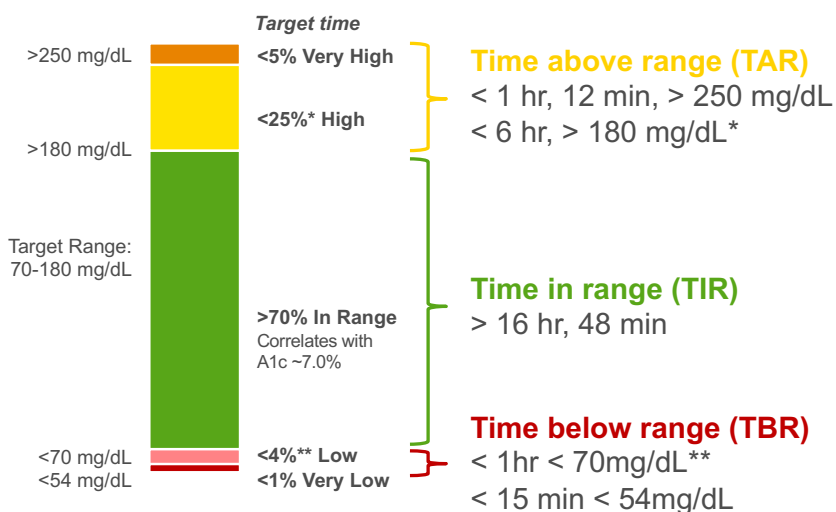
The daily goal for most people with type 1 diabetes (T1D) and type 2 diabetes (T2D) is >70% TIR or approximately 16 hours, 48 min.¹

See the TIR bar for recommended targets.



RECOMMENDED TIME IN RANGE

Recommended Time in Range for most people with T1D & T2D^{1†}



Goal: Increase **TIR** while decreasing **TBR**

See **More Green** and **Less Red (MGLR)** on the TIR bar



Each 5% increase in TIR is considered clinically significant.¹
For every 10% increase in TIR = ~0.8% A1C reduction.²

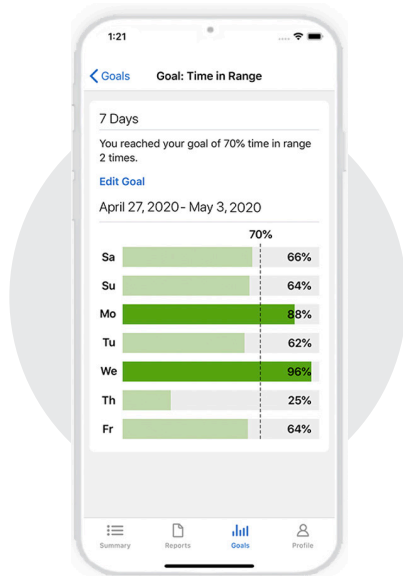
†Recommendations from the International Consensus on Time in Range, 2019 recommend individualized glycemic targets for high risk and/or older adults with a focus on reducing the percentage of time spent less than 70 mg/dL and preventing excessive hyperglycemia.

*Includes percentage of values >250 mg/dL. **Includes percentage of values <54 mg/dL.

1. Battelino T et al. Diabetes Care. 2019;42(8):1593-1603

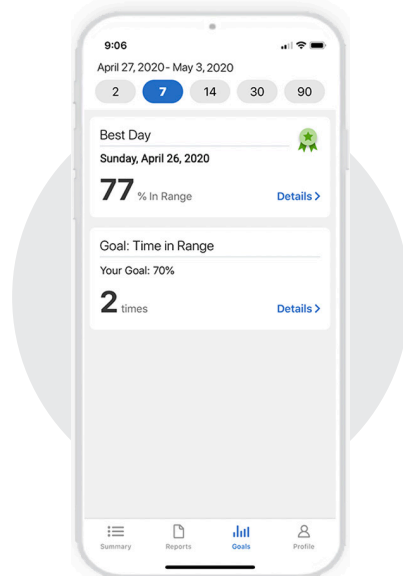
2. Vigersky RA, McMahon C. Diabetes Technology Ther. 2019;21:81-85

FEATURES OF DEXCOM CLARITY THAT MAY HELP INCREASE TIR



Goal TIR

CLARITY will notify users when they reach their TIR goal.



Best Day

CLARITY will notify users when they've had their Best Day over the past 7 days.



Weekly TIR Summary

CLARITY will notify users of their average TIR over the past 7 days. The change in TIR from the previous week is also reported.



Frequent[‡] Dexcom CLARITY Views are Associated with up to **15%³** Increased TIR

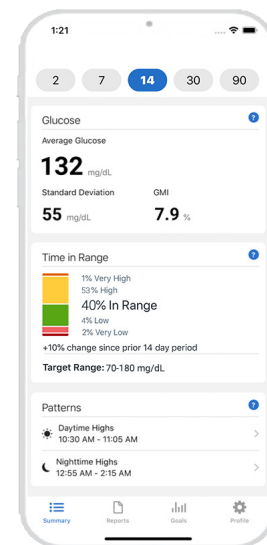
HELP PATIENTS USE DEXCOM G6 AND CLARITY APP SETTINGS FOR MORE TIR

Tips that may help Dexcom users move towards more GREEN

- Wear CGM daily
- Consider incorporating trend arrows into treatment decisions
- Share data with at least one follower³
- Customize Dexcom G6 high alert settings⁴
- Use CGM to understand the impact of food, daily activity, stress and medication⁵

Tips that may help Dexcom users reduce RED

- Keep Urgent Low Soon Alert enabled to predict when glucose will be at or below 55 mg/dL within 20 min
- Customize Dexcom G6 low alert settings⁴



[‡]Frequent use is defined as four or more monthly log ins to Dexcom CLARITY.

³ Welsh, J et al. Real-Time Sharing and Following of Continuous Glucose Monitoring Data in Youth. Diabetes Ther. <https://doi.org/10.1007/s13300-019-0571-0>

⁴ Dexcom CGM: Integrating data science and clinical application to support patient glycemic management. ATTD (Advanced Technologies and Treatments in Diabetes) 2020. February 19-22, 2020. Madrid, Spain.

⁵ Isaacson, B. et al., 2020, Sept 16 JDST, Demonstrating the clinical impact of continuous glucose monitoring within an integrated healthcare delivery system. DOI: 10.1177/1932296820955228 e-pub ahead of print

Failure to use the Dexcom G6 Continuous Glucose Monitoring System (G6) and its components according to the instructions for use provided with your device and available at <https://www.dexcom.com/safety-information> and to properly consider all indications, contraindications, warnings, precautions, and cautions in those instructions for use may result in you missing a severe hypoglycemia (low blood glucose) or hyperglycemia (high blood glucose) occurrence and/or making a treatment decision that may result in injury. If your glucose alerts and readings from the G6 do not match symptoms or expectations or you're taking over the recommended maximum dosage amount of 1000mg of acetaminophen every 6 hours, use a blood glucose meter to make diabetes treatment decisions. Seek medical advice and attention when appropriate, including for any medical emergency.

The web-based Dexcom CLARITY software is intended for use by both home users and healthcare professionals to assist people with diabetes and their healthcare professionals in the review, analysis, and evaluation of historical CGM data to support effective diabetes management. It is intended for use as an accessory to Dexcom CGM devices with data interface capabilities. Caution: The software does not provide any medical advice and should not be used for that purpose. Home users must consult a healthcare professional before making any medical interpretation and therapy adjustments from the information in the software. Caution: Healthcare professionals should use information in the software in conjunction with other clinical information available to them. Caution: Federal (US) law restricts this device to sale by or on the order of a licensed healthcare professional.